



Sweet Mashed Potatoes (993)
09/17/2020

Nutrition Facts
Serving Size 1/2 cup (135g)
Servings Per Container 44
Amount Per Serving
Calories 120 Calories from Fat 10
% Daily Value\*
Total Fat 1g 1%
Saturated Fat 0.5g 3%
Trans Fat 0g
Cholesterol 0mg 1%
Sodium 135mg 6%
Total Carbohydrate 27g 9%
Dietary Fiber 4g 16%
Sugars 12g
Protein 1g
Vitamin A 480% • Vitamin C 30%
Calcium 35% • Iron 4%
\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories: 2,000 2,500
Total Fat Less than 65g 80g
Saturated Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SWEET POTATO, BROWN SUGAR, UNSALTED BUTTER (Cream, Natural Flavorings), SALT (Salt, Yellow Prussiate of Soda), CINNAMON, NUTMEG, BLACK PEPPER

ALLERGEN: Contains Milk. Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C710993