



Mashed Potatoes with Chives (485)
05/24/2019

Nutrition Facts	
Serving Size 1/2 cup (140g) Servings Per Container 44	
Amount Per Serving	
Calories 150	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 110mg	5%
Total Carbohydrate 25g	8%
Dietary Fiber 2g	9%
Sugars 2g	
Protein 4g	
Vitamin A 2%	• Vitamin C 30%
Calcium 20%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: POTATO (Potatoes, Sodium Acid Pyrophosphate[SAPP] may be used as a processing aid to retain natural color), 1% LOWFAT MILK (Lowfat Milk, Vitamin A Palmitate, Vitamin D3), SOUR CREAM (Cultured Milk, Cream, Modified Food Starch, Sodium Citrate, Carrageenan, Guar Gum and Locust Bean Gum), POTATO GRANULES (Potatoes, Mono-and Diglycerides [vegetable emulsifier], Ascorbic Acid, Calcium Stearoyl-2-Lactylate, Sodium Acid Pyrophosphate, Sodium Bisulfite and Citric Acid), PARMESAN CHEESE GRATED (Parmesan Cheese [pasteurized part skim milk, salt, less than 2% enzymes, cheese cultures, corn starch & powdered cellulose to prevent caking, potassium sorbate to protect flavor]), SALT (Salt, Dextrose, Potassium Iodide, Yellow Prussiate of Soda), ONION POWDER, CHIVES, BLACK PEPPER

ALLERGEN: Contains Milk. Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C710485