NEW YORK STATE | Office of Mental Health

# Potatoes AuGratin (725)

12/05/2018

## Nutrition Facts

Serving Size 1/2 Cup (180g)
Servings Per Container 22

| Amount Per Serving | |
|---|---|
| **Calories** 280 | Calories from Fat 70 |
| | **% Daily Value*** |
| **Total Fat** 8g | **12**% |
| Saturated Fat 5g | **24**% |
| Trans Fat 0g | |
| **Cholesterol** 25mg | **9**% |
| **Sodium** 360mg | **15**% |
| **Total Carbohydrate** 42g | **14**% |
| Dietary Fiber 3g | **11**% |
| Sugars 4g | |
| **Protein** 11g | |
| Vitamin A 2% | • Vitamin C 20% |
| Calcium 30% | • Iron 4% |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

INGREDIENTS: POTATO (Potatoes and Sodium Acid Pyrophosphate), 1% LOWFAT MILK (Lowfat Milk [1% milkfat], Vitamin A Palmitate, Vitamin D3), CHEDDAR CHEESE (Pasturized Milk, Cheese Cultures, Salt, Enzymes), FLOUR (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), MODIFIED FOOD STARCH (corn), SALT (Salt, Dextrose, Potassium Iodide, Yellow Prussiate of Soda), CULINARY CREAM (Water, Butter [sweet cream, salt], Lactose, Sodium Caseinate [from milk], Whey Protein Concentrate, Xanthan Gum, Guar Gum, Potassium Sorbate [preservative], Citric Acid [preservative]), NUTRITIONAL YEAST (Inactive Nutritional Yeast [dried yeast, niacin (vitamin B3), pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), thiamin hydrochloride (vitamin B1), folic acid, vitamin B12]), DRY MUSTARD, WHITE PEPPER, ANNATTO COLOR (Propylene Glycol, Annatto Extract, Monoglycerides and Potassium Hydroxide), OLEORESIN PAPRIKA (Extractives of Capsicum and Sunflower Oill)
Allergen: Wheat, Milk. Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

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