NEW YORK STATE | Office of Mental Health

Baked Beans (836)
03/26/2019

Nutrition Facts

Serving Size 1/2 cup (152g)
Servings Per Container 44

Amount Per Serving

Calories 170	Calories from Fat 5
	% Daily Value*
Total Fat 0g	**0**%
Saturated Fat 0g	**0**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 450mg	**19**%
Total Carbohydrate 33g	**11**%
Dietary Fiber 8g	**30**%
Sugars 14g	
Protein 7g	

Vitamin A 2%	• Vitamin C 8%
Calcium 4%	• Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: PINTO BEANS (Pinto Beans, Water, Salt, Calcium Chloride, Calcium Disodium EDTA [to preserve color]), TOMATO KETCHUP (Tomato Concentrate From Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring), ONIONS, WORCESTERSHIRE SAUCE (Organic Vinegar, Organic Wheat-Free Tamari Soy Sauce [water, organic soybeans and salt], Organic Evaporated Cane Juice, Salt and Organic Spices), BROWN SUGAR, MOLASSES (Cane Molasses), CHOPPED GARLIC (Garlic, Water, Citric Acid), MODIFIED FOOD STARCH (corn), CANOLA OIL, TOMATO PASTE, SALT (Salt, Dextrose, Potassium Iodide, Yellow Prussiate of Soda), LIQUID SMOKE (Water, Natural Hickory Smoke Concentrate), DRY MUSTARD

ALLERGEN: Contains Soy. Manufactured on equipment that processes products containing Eggs, Milk, Wheat, Fish and Crustacean Shellfish

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