



Corn Relish Salad 347
03/21/2019

Nutrition Facts	
Serving Size 1/2 cup (114g)	
Servings Per Container 44	
Amount Per Serving	
Calories 100	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 4g	17%
Sugars 3g	
Protein 4g	
Vitamin A 40%	• Vitamin C 20%
Calcium 2%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CORN, RED PEPPERS, CELERY, CARROTS, LEMON JUICE (Water, Lemon Juice Concentrate, Citric Acid, 1/40 of 1% Sodium Benzoate and 1/40 of 1% Bisulfite as a Preservative, Lemon Oil), ONIONS, CANOLA OIL, SALT (Salt, Dextrose, Potassium Iodide, Yellow Prussiate of Soda), SUGAR, XANTHAN GUM, PARSLEY, CILANTRO, GARLIC POWDER, BLACK PEPPER

ALLERGEN: Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C710347