



CHICKPEA SALAD (1775)

03/21/2019

Nutrition Facts	
Serving Size 1/2 CUP (120g)	
Servings Per Container :sold by the pound	
Amount Per Serving	
Calories 80	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 13g	4%
Dietary Fiber 4g	16%
Sugars 4g	
Protein 4g	
Vitamin A 8%	• Vitamin C 15%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: GARBANZO BEANS (Cooked Dried Chickpeas, Water, Salt, Disodium EDTA [to preserve color]), ONIONS, CELERY, RED PEPPERS, RED WINE VINEGAR (Distilled White Vinegar [reduced with water to 5% acidity], Grape Skin for Color and Flavor), LEMON JUICE (Water, Lemon Juice Concentrate, Citric Acid, 1/40 of 1% Sodium Benzoate and 1/40 of 1% Bisulfite as a Preservative, Lemon Oil), CHOPPED GARLIC (Garlic, Water, Citric Acid), SUGAR, CANOLA OIL, PRESERVATIVES (Water, Sodium Benzoate and Potassium Sorbate to preserve freshness), GROUND CORIANDER, CUMIN, GINGER, CILANTRO, CAYENNE PEPPER, XANTHAN GUM

ALLERGEN: Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C391775