



Chicken with Gravy (1395)
03/18/2019

Nutrition Facts	
Serving Size 1 cup (275g)	
Servings Per Container 22	
Amount Per Serving	
Calories 220	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 1050mg	44%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 29g	
Vitamin A 0%	• Vitamin C 4%
Calcium 2%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WATER, CHICKEN STRIPS (Chicken Breast with Rib Meat, Water, Seasoning [salt, sugar, spice extractives on a dextrose carrier] and Sodium Phosphates), LOWER SALT POULTRY GRAVY MIX (Wheat Flour, Modified Food Starch, Lactose, Autolyzed Yeast, Chicken Fat, Hydrolyzed Soy & Corn Protein, Salt, Cooked Chicken, Yeast Extract, Onion, Maltodextrin, Disodium Inosinate & Disodium Guanylate, Chicken Broth, Spices, Caramel Color, Natural Flavor, Paprika Extractives, And Less than 2% Silicon Dioxide Added to Prevent Caking), ONIONS, CANOLA OIL

ALLERGEN: Contains Soy, Wheat, Milk. Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C711395