

Ham, Water, Salt, Honey, Contains less than 1% of Sugar, Potassium Chloride, Sodium Phosphate, Potassium Lactate, Dextrose, Sodium Erythorbate, Natural Smoke Flavor, Sodium Nitrite, Flavoring. Coated with Brown Sugar, Honey, Maltodextrin, Gelatin, Modified Corn Starch, Citric Acid, Sodium Benzoate, Caramel Color, Spices. Garnished with Pineapple, Clarified Pineapple Juice.

## nutrition facts

<b>Number Of Servings</b>	40
<b>Serving Sizes</b>	2.0 oz (56.0g)
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<b>Amount per Serving</b>	<b>% Daily Value *</b>
<b>calories 70</b>	
Calories From Fat 20	
<b>Total Fat 2g</b>	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	0%
<b>Cholesterol 30mg</b>	10%
<b>Sodium 490mg</b>	20%
<b>Carbohydrates 2g</b>	1%
Dietary Fiber 0g	0%
Sugars 2g	0%
<b>Protein 10g</b>	20%
<b>Daily Percent Of Vitamin A 0</b>	0%
<b>Daily Percent Of Vitamin C 0</b>	0%
<b>Daily Percent Of Calcium 0</b>	0%
<b>Daily Percent Of Iron 4</b>	0%

\*Percent values are based on a 2,000 calorie diet.



meat & cheese – meat

## chef carved ham

Dietz & Watson® Chef Carved Ham. With natural juices like real pineapples and honey glaze. Coated with seasonings and caramel color. Natural hickory smoke flavor is added. This sliced boneless product is fully cooked and it is free from gluten.