

pudding, Chocolate Light (1396)

12/29/2016

INGREDIENTS: 1% LOW FAT MILK (Low fat Milk [1% milkfat], with Vitamin A Palmitate and Vitamin D3 Added), MODIFIED FOOD STARCH (Corn), COCOA POWDER, SPLENDA (Maltodextrin, Sucralose), IMITATION VANILLA FLAVOR (Water, Potassium Sorbate, Citric Acid, Propylene Glycol, Ethyl Vanilla and Sodium Benzoate), VANILLA FLAVOR (Flavor, Dextrose, Cornstarch, Water, Alcohol), SALT.
ALLERGEN: Contains Milk. Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish.

Nutrition Facts			
Serving Size 1/2 cup (114g)			
Servings Per Container 44			
Amount Per Serving			
Calories 80		Calories from Fat 15	
% Daily Value*			
Total Fat 1.5g			2%
Saturated Fat 0.5g			3%
Trans Fat 0g			
Cholesterol 5mg			2%
Sodium 70mg			3%
Total Carbohydrate 14g			5%
Dietary Fiber 1g			4%
Sugars 5g			
Protein 4g			
Vitamin A 4%		• Vitamin C 8%	
Calcium 15%		• Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			