



Beef Pot Roast (284)
05/04/2018

Nutrition Facts
Serving Size 3 oz (85g)
Servings Per Container :Sold by the lbs.
Amount Per Serving
Calories 130 Calories from Fat 50
% Daily Value*
Total Fat 6g 9%
Saturated Fat 2.5g 11%
Trans Fat 0g
Cholesterol 55mg 18%
Sodium 45mg 2%
Total Carbohydrate 0g 0%
Dietary Fiber 0g 0%
Sugars 0g
Protein 17g
Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet.
Calories: 2,000 2,500
Total Fat Less than 65g 80g
Saturated Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: BEEF KNUCKLE
ALLERGEN: Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Tree Nuts, Fish and Crustacean Shellfish.